

2026年度

英 語

(100点
60分)

(一般選抜C日程)

注意事項

- 1 試験開始の合図があるまで、この問題冊子の中を見てはいけません。
- 2 試験中に問題冊子の印刷不鮮明、ページの落丁・乱丁及び解答用紙の汚れ等に気付いた場合は、手を挙げて監督者に知らせなさい。
- 3 解答用紙には解答欄以外に受験番号欄があるので、監督者の指示に従って、それぞれ正しく記入し、マークしなさい。正しくマークされていない場合は、採点できないことがあります。
- 4 解答は、解答用紙の解答欄にマークしなさい。例えば、I問(2)と表示のある問いに対して③と解答する場合は、次の(例)のように解答番号Iの(2)の欄の③にマークしなさい。

(例)

解答番号	解 答 欄
(2)	① ② ● ④

- 5 問題冊子の余白等は適宜利用してよいが、どのページも切り離してはいけません。
- 6 試験終了後、問題冊子は持ち帰りなさい。

Ⅰ 以下の英文を読んで、空所（ 1 ）～（ 10 ）の中に入れるべき語をそれぞれ下の語群 1～10の中から選びなさい。ただし同じものを2度用いてはならない。

When I worked for a Japanese company in the late 2000s, I once told my women coworkers about a delicious ramen shop I had visited. I never had the chance to describe the food because they were (1) that I had gone alone. I soon learned that ramen shops were considered places where usually only men (2) by themselves. When I asked if those men were dangerous, they said no, but they wondered how I could feel comfortable (3) only by men. I thought about it and realized that everyone just (4) ate their food. It didn't feel (5) at all.

I actually enjoy eating alone. It gives me (6) time for myself, letting me (7) on the dishes I order without worrying whether someone (8) is enjoying their meal. I also like using these visits alone to test whether a restaurant is (9) returning to with others. In Japan, restaurant search sites even list places that are “good for eating alone,” though this sometimes means less comfortable seating. I admire women who ignore this and eat wherever they like.

Eating alone in Japan doesn't feel lonely. People usually (10) your space, and for me, eating alone is never sad—it's peaceful and refreshing.

(Abridged and adapted from “Is it strange to eat by yourself?” *The Japan Times Alpha*, July 11, 2025. <https://alpha.japantimes.co.jp/article/essay/20250711/124124/>)

(注) 本文は 2025 年 8 月時点での事実に基づいて書かれている。

1. ate	2. else	3. focus	4. precious
5. quietly	6. respect	7. shocked	8. surrounded
9. unsafe	10. worth		

- II 次の会話文中の空所 (11) ~ (15) の中に入れるのに最も適当なものを、次頁枠内の 1 ~ 7 のうちから 1 つずつ選びなさい。ただし同じものを 2 度用いてはならない。

Mina: Hey, Taku! I wanted to ask you something.

Taku: What's that?

Mina: Do you still work at that convenience store?

Taku: No, I quit last month, actually. (11)

Mina: Really? What happened?

Taku: Well, the job wasn't that bad, but I had to work really late two or three times a week. I couldn't keep up with my schoolwork. It was getting to be a serious problem.

Mina: That makes sense. Balance is really important. (12)

Taku: I started working at a small café near the station. It's quieter, and the hours are better.

Mina: That sounds much nicer. Are the people friendly?

Taku: Yes, they are. My boss is really nice, and I get a free drink during my break.

Mina: Wow, I wish I had a job like that. (13)

Taku: Definitely! They said they are looking for someone to help out on weekends.

Mina: That could be perfect for me. I'm usually free on Sundays. (14)

Taku: Always, especially around lunchtime. We get lots of customers then.

Mina: OK, I'll come by and ask. Maybe I should bring personal information. I can give them details of all the places I've worked in the past.

Taku: Good idea. (15) It's best to look like you are prepared.

Mina: Thanks! I hope it works out. It would be great to work in the same place as you.

1. I think it's going to rain on Sunday.
2. So what are you doing now?
3. Are they usually busy on weekends?
4. Do you think I would have a chance of getting a job there?
5. I just couldn't balance everything.
6. It's a pity you couldn't find something better.
7. First impressions are important.

Ⅲ 次の英文を読んで（16）～（20）の問いに答えなさい。答えは1～4の中から最も適当なものを選びなさい。

In medicine, doctors usually give medicine to help the body heal. Sometimes, however, even when a person takes a pill with no real medicine inside, they start to feel better. This surprising result is called the placebo effect.

A placebo is something that looks like real medicine but contains no active ingredient. An active ingredient is something that we would expect to help a patient. A placebo could be a sugar pill, a saltwater injection, or even fake surgery. People believe they are receiving real treatment, and this belief can actually improve their overall condition.

This shows how powerful the mind can be in the healing process. When people expect to get better, the brain may release natural chemicals that reduce pain, improve mood, or lower stress. This effect is especially strong for problems like headaches, depression, or long-term pain, conditions where the brain plays an important role.

One famous case happened during World War II. A doctor ran out of painkillers for wounded soldiers. Instead, he gave them injections of water mixed with salt and told them it was strong pain medicine. Many of the soldiers said they felt much better. This is a clear example of the placebo effect in action.

Today, researchers use placebos in clinical trials. These are tests carried out by scientists to check if new medicines really work. In this kind of trial, one group usually receives the real medicine, and another group receives a placebo. If both groups get better in the same way, the new drug may not be very effective.

For nurses, the placebo effect is an important reminder that healing is not only physical. Communication, trust, and kindness can all support the patient's

recovery. Patients often feel calmer and more hopeful when they believe their healthcare team is truly listening and trying to help.

However, in many cases, giving a placebo without telling the patient is considered unethical. In other words, it is not really honest. Patients must be told the truth about their treatment. Still, learning about the placebo effect helps nurses and other healthcare workers understand how closely the mind and body are connected.

In short, the placebo effect shows that hope, trust, and belief can sometimes help the body heal even without real medicine. It reminds us that human care is a powerful part of health.

- (16) Based on the passage, which of the following is TRUE?
1. A placebo always contains a small amount of medicine.
 2. The placebo effect only happens in clinical trials.
 3. Some patients feel better after taking a placebo.
 4. Placebos are always stronger than real drugs.
- (17) Based on the passage, which of the following is TRUE?
1. All doctors use placebos to treat pain.
 2. Placebos never work for people with mental health problems.
 3. Placebos show a connection between mind and body.
 4. Placebos are no longer used in scientific research these days.
- (18) Based on the passage, which of the following is TRUE?
1. Nobody believes that the placebo effect is real these days.
 2. Placebos can help even though they contain no real medicine.
 3. The placebo effect is only important for doctors, not nurses.
 4. Patients always know when they are given a placebo.

- (19) Based on the passage, which of the following is NOT true?
1. The brain can help reduce pain without real medicine.
 2. Placebos are used to check if real medicine works.
 3. We should not tell patients the truth about their treatment.
 4. Good communication from nurses can help patients feel better.
- (20) Based on the passage, which of the following is NOT true?
1. Placebos can be used in the form of pills, injections, or even fake surgeries.
 2. The placebo effect proves that medicine is never necessary.
 3. Patients sometimes feel better because they believe they are being treated.
 4. The placebo effect has been observed during wartime and in medical research.

IV 与えられた日本語文とほぼ同じ意味になるように、選択肢を並べ替えて英文を完成させなさい。ただし解答は および に入る語（句）の番号のみを選びなさい。文頭の単語も全て小文字で表されている。

(21) 多くの人たちは、なぜAIがこんなに急速に成長しているのだろうかと思っている。

_____ _____ _____ rapidly.

- | | | | |
|-------|--------|------------|-----------|
| 1. is | 2. why | 3. growing | 4. people |
| 5. AI | 6. so | 7. wonder | 8. many |

(22) もっとうまく踊りたいから、私は家で毎日練習しています。

I _____ _____ day _____ _____

_____ dance better.

- | | | | |
|---------|---------|-------------|----------|
| 1. at | 2. want | 3. because | 4. every |
| 5. home | 6. to | 7. practice | 8. I |

(23) 外で歩くほうが屋内で過ごすよりも、あなたの健康にいい。

_____ _____ for _____ _____ indoors.

- | | | | |
|------------|-----------|------------|------------|
| 1. better | 2. health | 3. is | 4. outside |
| 5. staying | 6. than | 7. walking | 8. your |

(24) 栄養学を勉強すればするほど、バランスのとれた食事の重要性がよくわかる。

The more you _____ _____ you understand _____

_____ _____.

- | | | | |
|---------------|-----------|---------|-------------------|
| 1. a balanced | 2. better | 3. diet | 4. nutrition |
| 5. of | 6. study | 7. the | 8. the importance |

(25) 外国語を正確に話すのは難しい。

_____ _____ _____ speak _____ _____ _____.

- | | | | |
|-------|--------------|--------------|------------|
| 1. a | 2. correctly | 3. difficult | 4. foreign |
| 5. is | 6. it | 7. language | 8. to |

(26) あの雲がなければ、私たちはここから富士山を見ることができるでしょう。

_____ _____, _____ _____ _____ _____ see Mt. Fuji
from here.

- | | | | |
|---------|-------|----------|------------|
| 1. able | 2. be | 3. cloud | 4. that |
| 5. to | 6. we | 7. would | 8. without |

V 次の英文を読んで (27) ~ (31) の問いに答えなさい。答えは 1 ~ 4 の中から最も適当なものを選びなさい。

Electronic Health Records, or EHRs, are digital versions of patients' medical information. Instead of paper charts, hospitals and clinics use computers to store and manage health records. This technology has changed the way doctors and nurses care for patients.

EHRs contain important information like a patient's medical history, medications, allergies, test results, and treatment plans. With this information in one place, healthcare workers can quickly find what they need to make important decisions. This helps improve patient safety and reduces mistakes.

One big advantage of EHRs is that they make it easier for different doctors and specialists to share information. For example, if a patient visits a heart doctor and a family doctor, both doctors can see the same records. This helps avoid problems like giving the wrong medicine or repeating tests.

EHRs can also remind doctors when a patient needs a vaccine, a checkup, or important tests. Some systems even help detect dangerous drug combinations by warning healthcare workers before they give medicine. This improves patient care and helps prevent harm.

However, EHRs are not perfect. Some doctors and nurses find the technology difficult to use, so they don't like it. It can take extra time to enter information into the computer, which may be troublesome and reduce time spent with patients. Also, there are concerns about keeping patient data private and safe from hackers. Hackers are people who try to steal data. If data is stolen, it could cause serious problems for patients and hospitals.

Hospitals and clinics use special security systems to protect EHRs. Healthcare workers must use strong passwords and follow strict rules to keep information safe. It is important that all staff receive training on data privacy.

For nurses and healthcare workers, learning how to use EHRs well is

important. Good use of these records can help improve patient care, reduce errors, and make work easier. It also helps healthcare teams work better together.

In conclusion, Electronic Health Records are changing healthcare. While there are challenges, EHRs help doctors and nurses provide faster, safer, and better care for patients. As technology improves, EHRs will become even more important in modern medicine.

- (27) Based on the passage, which of the following is TRUE?
1. The use of EHRs increases the amount of paper in hospitals.
 2. EHRs contain important patient information like test results.
 3. Doctors cannot share information using EHRs because of security worries.
 4. EHRs make it harder for doctors to find patient information.
- (28) Based on the passage, which of the following is TRUE?
1. EHRs help avoid mistakes like giving the wrong medicine.
 2. EHRs do not remind doctors about vaccines or checkups.
 3. EHRs are popular with everyone because they are easy to use.
 4. EHRs do not improve patient safety in any way.
- (29) Based on the passage, which of the following is TRUE?
1. EHRs are only used in small clinics at the moment.
 2. Patient data in EHRs need not be protected very well.
 3. EHRs have no security systems because it is too troublesome.
 4. Some healthcare workers find EHRs hard to use.

- (30) Based on the passage, which of the following is NOT true?
1. EHRs often make it easier for doctors to share information.
 2. Hospitals use special systems to protect patient data.
 3. Entering information into EHRs always saves time.
 4. Healthcare workers must use strong passwords.
- (31) Based on the passage, which of the following is NOT true?
1. EHRs help doctors provide faster and safer care.
 2. EHRs are paper records stored in special containers.
 3. Learning to use EHRs well is important for healthcare workers.
 4. EHRs can warn about dangerous drug combinations.

Ⅵ 次の空所に入る最も適切な語または語句を 1 ～ 4 の中から 1 つずつ選びなさい。

- (32) Eating vegetables is () than eating fast food.
1. healthier 2. much healthy 3. as healthy 4. most healthy
- (33) I wish he () more careful when he spoke to the teacher.
1. is 2. was 3. were 4. had been
- (34) She () in Tokyo for three years before she moved to Osaka.
1. lives 2. has lived 3. had lived 4. will have lived
- (35) The movie was so () that I couldn't stop laughing.
1. amuse 2. amusing 3. amused 4. amusement
- (36) The teacher explained the difficult problem very ().
1. simple 2. simply 3. simplicity 4. simplistic
- (37) He left the room without () good-bye.
1. say 2. says 3. saying 4. said
- (38) They stopped () because it was getting dark.
1. to walk 2. walk 3. walked 4. walking
- (39) The patient has just () the hospital after a two-week treatment.
1. leaves 2. left 3. leaving 4. been left